Pioneer Group NA	<u>Crossroads NA</u>	Freebirds NA
882 W 5 <sup>th</sup> Ave	301 W Rutledge, Harvest Time Church	<u>121 S 14<sup>th</sup> St</u>
Emporia, KS	Yates Center, KS	Independence KS
Sunday 10:00 AM Open Topics	Tuesday 6:00 PM Open Topics	Sunday 7:00 PM Open Topics
Sunday 7:00 PM Book Study	Friday 6:00 PM Open Topics	Monday 8:00 PM Open Topics
Monday Noon Open Topics		Tuesday 7:00 PM Open Topics
Monday 8:00 PM Closed	A Way to Recovery NA	Wednesday 8:00 PM Closed Book Study
Tuesday Noon Open Topics	1527 Morton Ave (Hamilton Chapel)	Thursday 7:00 PM Open Topics
Tuesday 8:00 PM Open Topics	Parsons, KS	Friday 8:00 PM Open Topics
Wednesday 12:00 PM Open Topics	Monday 6:30 PM Open Topics	Saturday 8:00 PM Open Topics
Wednesday 6:30 PM Open Topics	Thursday 6:30 PM Book Study	
Wednesday 8:00 PM Book Study	Saturday 6:30 PM Open Topics	Clean and Crazy NA
Thursday Noon Open Topics		1609 W 1 <sup>st</sup> St
Thursday 8:00 PM Open Topics	First Step Group NA	Chanute, KS
Friday Noon Open Topics	214 W Madison (Fellowship Regional Church)	Monday 8:00 PM Open Topics
Friday 6:30 PM	<u>Iola, KS</u>	Wednesday 8:00 PM Open Topics
1 <sup>st</sup> Fri of the month speaker	Tuesday 7:00 PM	Thursday 8:00 PM Open Topics
2 <sup>nd</sup> Fri of the month Open		
3 <sup>rd</sup> Fri Birthday Night		<u>Updated 1/29/2017</u>
4 <sup>th</sup> Fri of the month Open		

Saturday 2:00 PM Men's Meeting

Saturday 8:00 PM Candlelight Open Topics

**Just For Today** 

Tell yourself JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through NA I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

The 12 Steps of Narcotics Anonymous

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed and became willing to make amends to them all.
- We made direct amends to such people wherever possible, except when to do so could injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



## Just for Today Area NA

## **Meeting Schedule**

Serving the following communities in Kansas: Burlington, Chanute, Emporia, Independence, Iola, Parsons, and Yates
Center

Just For Today Area

PO Box 299

Emporia, KS 66801

www.jftareana.net