

## PHONE NUMBERS

WELCOME \_\_\_\_\_

- Twelve Steps of NA**  
1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God *as we understood him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have god remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

- The Twelve Traditions of NA**  
1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups of NA as a whole.
5. Each group has but one primary purpose – to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, every reminding us to place principles before personalities.



## 2017 Meeting List

*Servicing:*

*Holton, Junction City,  
Manhattan, Ogden, Sabetha,  
Scranton, Tecumseh, Topeka*

**Phone Lines:**

**Local – 785-200-3446**

**Regional – 855-732-HOPE (4673)**

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## NA contact Information

### NEVER ALONE NEVER AGAIN AREA

135 SW Buchanan St  
Topeka, KS 66604  
816-651-7265

[www.neveraloneneveragain.com](http://www.neveraloneneveragain.com)  
[nanaarea@gmail.com](mailto:nanaarea@gmail.com)

### FELLOWSHIP FOR FREEDOM AREA

PO Box 761  
Topeka, KS 66601  
785-200-3446

### MID AMERICA REGION

PO Box 3534  
Salina KS 67402  
855-732-HOPE (4673)  
[www.marscna.net](http://www.marscna.net)  
[info@marscna.net](mailto:info@marscna.net)

## MEETING SCHEDULE

### MONDAY

12:00pm – Noon Group (H)  
05:30pm – Happy Hour (&)  
07:30pm – Back to Basics (H/C/O)  
07:30pm – M.O.A (H/B)  
08:00pm – Recovery First (H)  
10:00pm – Late Night (C/&)

### TUESDAY

12:00pm – Noon Group (H)  
05:30pm – Happy Hour (&)  
07:00pm – Last Chance  
07:00pm – Work the Steps of Die (H)  
07:30pm – Dirty Little Secret  
07:30pm – The Right Step  
08:00pm – Recovery First (H)  
10:00pm – Late Night (C/&)

### WEDNESDAY

12:00pm – Noon Group (B/H)  
05:30pm – Happy Hour (&)  
06:00pm – Bunker in the Sky  
07:30pm – Freedom Unites  
08:00pm – Spiritual Connections (C/H)  
08:00pm – Omega Crossroads (H)  
08:00pm – Recovery First (H/X/#)  
10:00pm – Late Night (C/B/&)

### THURSDAY

12:00pm – Noon Group (H)  
05:30pm – Happy Hour (&)  
07:00pm – Fresh Start (JFT)  
07:30pm – 21<sup>st</sup> Recovery (H/&)  
07:30pm – The Right Step  
08:00pm – M.O.A. (H)  
08:00pm – United Survivors (B/X)  
08:00pm – Recovery First (H)  
10:00pm – Late Night (C/&)

### FRIDAY

12:00pm – Noon Group (H)  
05:30pm – Happy Hour (&)  
07:30pm – M.O.A. (H)  
08:00pm – Gift of Life (H)  
08:00pm – Nowhere else to go  
08:00pm – Recovery First (H)  
10:00pm – Twiliters (C/#/H)  
10:00pm – Late Night (C/&)

### SATURDAY

11:00am – Recovery First (H)  
12:00pm – Omega Crossroads (H/B)  
03:00pm – Bunker in the Sky  
06:30pm – Oakland Group  
07:00pm – Fresh Start (B) “2 hours”  
08:00pm – Recovery First (H)  
08:00pm – Dirty Little Secret  
10:00pm – Late Night (C/&)

### SUNDAY

12:00pm – Recovery First (H)  
03:00pm – United Survivors  
05:30pm – NA @ Rescue Mission (H)  
06:30pm – Women’s UH (W/&/H)  
07:30pm – Freedom Unites  
07:30pm – Too Young to Die (H/B)  
08:00pm – Omega Crossroads (H)  
08:00pm – Recovery First (H)  
10:00pm – Late Night (C/&)

## GROUP INFORMATION

### BACK TO BASICS (FFFA)

2627 SW Western St, Topeka KS - Room 3  
(Grace United Methodist Church)

### BUNKER IN THE SKY (FFFA)

2401 SE 11<sup>th</sup> street, Topeka KS  
360-369-8349

### DIRTY LITTLE SECRET (FFFA / NANA)

226 Riley Ave, Ogden KS 66517  
Jeff (931) 302-2942

### FREEDDOM UNITES (FFFA)

615 Gillespie Dr, Manhattan KS  
Veronica 785-341-0331

### FRESH START (NANA)

314 Masson St, Scranton KS 66537  
Westside Apartments (Family Room)  
Speaker Meeting 2<sup>nd</sup> Thursday

### GIFT OF LIFE (FFFA)

15<sup>th</sup> and Gage, Topeka KS  
(Lowman United Methodist Church)  
West Basement Door

### LAST CHANCE

4834 SE Hwy 40, Tecumseh, KS

### LATE NIGHT & HAPPY HOUR (NANA)

400 SW Washburn Ave  
(Potwin Presbyterian Church)  
Basement Entrance in Alley

### M.O.A. (FFFA)

700 Poyntz St, Manhattan, KS  
(University Christian Church)  
Roy P (785) 456-5554

### NA @ RESCUE MISSION (FFFA)

600 N Kansas Ave, Topeka KS  
Topeka Rescue Mission  
Speaker Meeting – 3<sup>rd</sup> Sunday  
House Rules Apply

### NOON GROUP (FFFA)

15<sup>th</sup> and Gage, Topeka KS  
(Lowman United Methodist Church)  
West Basement Door, Room 12

### NO WHERE ELSE TO GO

227 Pennsylvania Ave, Holton KS  
Back Door in Alley

### OAKLAND GROUP (FFFA)

801 NE Chester, Topeka KS (north Entrance)  
Speaker Meeting - 1<sup>st</sup> Saturday

### OMEGA CROSSROADS (NANA)

119 W 7<sup>th</sup> Street, Junction City KS

### RECOVERY FIRST (NANA)

135 SW Buchanan, Topeka KS  
(Second Chance Club House)

### SPIRITUAL CONNECTIONS (FFFA)

817 SW Harrison, Topeka KS  
South Side Entrance  
(Ring the bell after 8pm to enter)

### THE RIGHT STEP (FFFA)

8<sup>th</sup> and Main, Sabetha KS  
(First United Methodist Church)  
Alley Entrance

### TOO YOUNG TO DIE (FFFA)

100 Main, Sabetha KS – Midtown Building  
Rick W (785) 285-1662

### TWILITERS

135 SW Buchanan, Topeka KS  
Second Chance Club House

### WOMEN'S UNDERGROUND HEALING (FFFA)

801 NE Chester, Topeka KS  
Speaker w/Potluck 2<sup>nd</sup> Sunday (6pm)

### UNITED SURVIVORS (FFFA)

400 SW Washburn Ave  
(Potwin Presbyterian Church)  
Basement Entrance in Alley

### WORK THE STEPS OR DIE MF (FFFA)

801 NE Chester, Topeka KS - North Entrance

### 21<sup>st</sup> Street Recovery (FFFA / NANA)

4015 SW 21<sup>st</sup> Street, Topeka KS  
(New Dawn Wellness Center)  
Back Entrance

### Meeting List Codes

(B) Literature Study	(C) Candlelight	(G) GLBT Issues & Topics
(H) Handicap Accessible	(JFT) Just-For-Today	(O) Open Discussion
(W) Women’s Issue & Topics	(X) Closed Meeting (Addicts Only)	(#) Smoking Permitted
(&) Children Welcomed		
(FFFA) Fellowship for Freedom		(NANA) Never Alone Never Again

### Who is an addict?

Most of us do not have to think twice about this question we know! Our whole life and thinking was centered in drugs in one form or another – the getting and using and finding ways and means to get more. We lived to use and used to live. Very Simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same. Jails, Institutions, and death.

### What is the NA Program?

NA is a non-profit Fellowship or society of men and women for whom drugs have become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.