

# MID-AMERICA REGIONAL NEWSLETTER

JAN. 1983

BI-MONTHLY



Jan. 19, 1983

To my friends in the fellowship:

Happy New Year. I hope everyone had a safe and serene holiday season.

As editor of the Regional newsletter I have hopes of sending out a newsletter every other month. But to do this I need the fellowship's help. I NEED YOUR NEWS, POEMS, ARTICLES. Anything you feel is worth publishing. Send your news to me at following address:

6900 E. 69th St.  
Kansas City, Mo. 64133

If your group or GSR has a change of address, please send me that information, too. Many newsletters have been returned to me with wrong address. Hopefully the new Regional Directory will help with this problem, but I need your help, too.

There are 2 events coming up:

1 - Regional Business Meetin, Feb. 19-20 in Joplin, Mo.

Please GSRs and ASRS, we need your attendance. See agenda.

2 - The First Mid-America Regional Convention. This will be lots of fun and no business. Dates are April 1-2-3 at Lodge of the Four Seasons, Lake of the Ozarks. Flyers attached with prices. Package deals are the best because they include your room for 2 nights, Sat. cookout, Sun. breakfast, Registration fee, unlimited use of health spa and dancing to live band. The lodge has lots of fun facilities, including fishin, swimming, boating, skeet shooting, horse trails, game room, movies, canoes, sailboats, bike rental. An ideal weekend.

This contention is first ever in our region, please give 2.11 your support & attendance. Friends from all over the country will be there. Send in your money as soon as possible. Agenda will be in March newsletter.

love in fellowship,

Donna Fisher

Our cover was done by a newcomer in Tulsa. Thanks.

N.A. Mid-America Regional Conference

February 19th - 20th, 1983  
Joplin Missouri  
Alano Club - 1212½ Main Street  
(Entrance and parking in rear)

"SUPERWEEKEND I" and "JOY OF LIVING"

Saturday - February 19, 1983

9:00 A.M.	Registration and Fellowship
10:30 A.M.	<u>Workshops</u>
	a. Sponsorship - Blackie B.
	b. Unity - Bob R.
Noon	Lunch
1:30 P.M.	<u>Regional Committee Meetings</u>
	a. Convention Committee
	b. Literature Generating Committee
3:00 P.M.	<u>Regional Committee Meetings</u>
	a. Hospitals and Institutions
	b. Public Information
	c. Regional Service Committee
Dinner break	
8:00 P.M.	Raffle - Open Speakers Meeting - Sally
9:30 P.M.	Bingo - Raffle

Sunday - February 20, 1983

9:30 A.M. Regional Business Meeting

For More Information contact:

Bob R.	(417)	781-6770
	(417)	623-1225
Blackie B.	(417)	623-6883
	(417)	623-2197

## GROUP NEWS

Kansas City: Westport Chemical Abuse: We had a Christmas party on 12/17 with food, Christmas carols, and bingo ( profits for answering service)

Our New Year's Eve party was great. Dancing, poker and bingo, good deli buffet and lots of fellowship.

We now have 11 meetings a week. Every night at 8 PM, except Thurs at 9:30 PM. Sat late at 11 PM, and noon mtgs on Tues, Thurs & Sat. Our group is growing by leaps & bounds.

We celebrate birthdays the last Fri of month & have a lot coming up in Jan. Dave S 2 yrs, Larry B 3 years.

Wyco Group: Back to 2 mtgs a week and holding steady at 11-13.

Olathe Dual Addicts: Attendance gaining. Looking for a new meeting place, maybe in big AA club in Olathe.

K. C. Area Service Committee: Planning to print and sell T-shirts to raise funds for phone line. Our phone line is very active and helping our growth. Our committee meets first Wed of month now. Are planning a public information mail-out and are trying to organize an H&I committee.

Maryville, Kansas: We started our NA group the 16th of June, 1982. We have around 8-10 regular members. We are a real close and feeling group and get a lot out of being able to help others as it helps us.

Our officers: Myrna R. Secretary, Mike I treasurer, Jim F is GSR and alternate GSR is Jerry R. Meetings are every Friday at 8PM at Historic Court House at 1209 Broadway. So far our mtgs are open and AA's are welcome as is anyone with a problem who is seeking help.

Gratitude Secretary,  
Myrna R.

## BEING FREE

Many psychologists insist that people today don't want to be free. When we were in the middle of our addiction, we certainly had no freedom at all. We lost our freedom by the call of that fix, pill or drink. We lost our freedom because we lost our power of decision in how we wanted to behave. We had no choice.

Now we have a choice. We can never be free from our addiction, but we can be free in our addiction! We can never be a former addict or alcoholic, but we never again have to take those chemicals and destroy our being. We have a choice of freedom. and a freedom of choice. Am I free?

May I realize that if I let go and let God, I will be free.  
Submitted by:

Dave S.